

## Lincoln Catholic Athletic League Information:

The current information under 'League Info' is not up to date. The Lincoln Catholic Athletic League is in the process of updating all League Information. Below are new policy changes and additions approved in the 2015/2016 sports year. These policy changes and additions override any current policies listed under 'League Info'. For any questions or concerns on these updated policies, please contact the League Director.

### **Admission Cost:** Volleyball and Boys & Girls Basketball

**\$3** per person

**FREE** - Pre-School and under

**\$10** Maximum - per family (*immediate family only*)

### **Coaches Pass:** *Coach, spouse, children - free admission with presentation of Coach's Pass*

### **Referee Payment:** \$30 per game per official

### **Weather Protocol:**

The Lincoln Catholic Athletic League needs to maintain a standard protocol when an issue of weather arises. Traditionally, cancellation of events has been based off the decision of Lincoln Public Schools both for school and for extracurricular events. If Lincoln Public Schools close school, Lincoln Catholic Schools follow suit. The same has been true for the Lincoln Catholic Athletic League. If Lincoln Public Schools cancel athletic events, the Lincoln Catholic Athletic League will also cancel athletic events.

In the event of questionable weather, the Lincoln Catholic Athletic League will follow the decision of Lincoln Public Schools. The decision of the cancelation of events will be determined by 2 p.m. of that day. Moreover, the Executive Committee of the Lincoln Catholic Athletic League reserves the right, for an important reason, to overturn the decision of Lincoln Public Schools for events in the Lincoln Catholic Athletic League. In the event that the Lincoln Public Schools are not in session, then the League Director will make the decision after consultation with more than one principal.

Parents are to be informed at the beginning of the year that they, of course, make the final decision as to whether their children participate or not due to weather conditions and that their children will not be penalized in any way by a decision not to participate.

In the event of the first cancelation in a sports season (excluding Track and Cross Country), the Lincoln Catholic Athletic League will not reschedule this missed event. If a second event in the same sports season is cancelled, the League Director will attempt to reschedule this event within two weeks of the end of the season. If the event cannot be rescheduled within two weeks of the end of the regular season, this event will not be rescheduled.

## **Meetings:**

All Athletic Directors are required to attend all pre-season sports season meetings. If the Athletic Director is unable to attend, that Athletic Director shall send a representative from his or her school to attend the pre-season sports meeting in his or her place. Failure to have an approved excused absence or representative for your school will result in a penalty to that school of \$50.00, payable to: Catholic Bishops League.

## **Forfeit:**

If a school's team does not have a sufficient (legal) number of players at the start of the scheduled game, that game will be declared a forfeit. That school will be billed the reimbursement of officials for that game to the hosting school. An unofficial game may still be played, as long as each team's coach and referees are in agreement of the circumstance.

## **Roster Deadlines:** *(Extensions may be granted at the discretion from the League Director)*

Team rosters must be submitted to the League Director on the date and time requested. If late during the first 24 hours, a penalty fee of \$50.00 will be billed to that school, payable to: Catholic Bishops League. If late during the next 24 hour period, an additional fine of \$50.00 will be billed to that school. If the team roster is submitted later than a 48 hour time period from the requested deadline date and time, that team will not be allowed to participate in the season's activity.

## **Schedule:**

Each school will be given a one week time period to review each season's sports schedule prior to being made public on the Lincoln Catholic Athletic League website. If a school requires a change to the schedule due to that school's negligence in reviewing the sports schedule after the final schedule has been made public via the Lincoln Catholic Athletic League website: [cysi.org](http://cysi.org), a \$50.00 penalty fine will be billed to that school.

## **Technical Foul:**

### Athletes:

Only one (1) unsportsmanlike technical foul is allowed per player per game. The player that receives the unsportsmanlike technical foul will be removed from the game and not allowed to play further in that game. Should a player receive a second (2) unsportsmanlike technical foul within the same season, he or she will be ruled ineligible for the remainder of that season. Coaches and/or Athletic Directors must report each technical foul to the League Director within 24 hours of occurrence.

### Coaches:

Technical fouls assessed to a coach shall be administered in accordance with the current high school rule book. If any coach is ejected and refuses to leave the game site or re-enters the game site during or after the contest, he or she will be ruled ineligible to coach for the remainder of the season. Athletic Directors must report all technical fouls to the League Director within 24 hours of occurrence. Coaches shall be ineligible to coach the rest of the season upon a 2nd technical foul.

### Parents & Spectators:

Technical fouls assessed to a spectator shall be administered in accordance with the current high school rule book. If any spectator is ejected and refuses to leave the game site or re-enters the game site during or after the contest, he or she will be ruled ineligible to attend contests for the remainder of the season. Athletic Directors must report all technical fouls to the League Director within 24 hours of occurrence. Spectators shall be ineligible to attend contests for the rest of the season upon a 2nd technical foul.

**\*\* Any act of physical violence, the Lincoln Police Department will be called. \*\***

## NSAA Sportsmanship Guidelines and Ejections

1. Enforcement of the “sit-out rule” for ejections from high school contests for unsportsmanlike conduct is a responsibility of the member school. Failure to properly enforce this rule could result in other sanctions by the NSAA.
2. Administrators will be expected to promptly file a report with the NSAA whenever a participant or coach from their school has been ejected from any high school contest. Such filing must be done online under the AD login section of the NSAA webpage.
3. A participant or coach ejected from a contest for unsportsmanlike conduct shall be ineligible for the next athletic contest at that level of competition and any other athletic contest at any level during the interim.
4. Enforcement of the “sit-out rule” is expected to begin immediately, regardless whether it is regular-season or tournament play.
5. Any participant ejected a second time during a season from a contest for unsportsmanlike conduct shall be ineligible for the next two contests at that level of competition and all other athletic contests at any level during the interim, in addition to other penalties the NSAA or school may assess.
6. Any participant ejected a third time during a season from a contest for unsportsmanlike conduct shall be ineligible for the next three contests at that level of competition and all other athletic contests at any level during the interim, **in addition to other penalties the NSAA or school may assess.**
7. During the time of their “sit-out” suspension, athletes who are ejected for unsportsmanlike conduct may not suit up or participate, but it is the school’s discretion whether such athlete is able to travel with the team or sit on the team bench.
8. Coaches who are ejected for unsportsmanlike conduct may not coach in any contest or be present at the contest site during the time of their “sit-out” suspension. Coaches who are ejected will also be required to successfully complete the NFHS Sportsmanship online course “TEACHING AND MODELING BEHAVIOR” within 10 days of the ejection. Failure to successfully complete the course will result in a suspension from coaching for the remainder of the season. In those situations in which the ejection of the coach occurs near the end of the season or during the NSAA end-of-season play, the coach will be required to successfully complete the NFHS Sportsmanship online course before being able to coach the following season or year.
9. Coaches who are ejected a second time in a season will be required to sit-out the next two contests at that level, plus all other contests at other levels during the interim. Coaches may not be present at the contest site during the time of their “sit-out” suspension. Any coach ejected a second time will also be required to successfully complete the NFHS Fundamentals of Coaching online course within 10 days of the ejection. Failure to successfully complete the course will result in a suspension from coaching for the remainder of the season. In those situations in which the ejection of the coach occurs near the end of the season or during the NSAA end-of-season play, the coach will be required to successfully complete the NFHS Fundamentals of Coaching online course before being able to coach the following season or year.
10. If coaches or athletes are ejected in the final game of the season, the suspension will carry over to the following season.
11. When schools have students or coaches with multiple ejections, the school shall submit to the NSAA a written management plan on how they plan to remediate the problem.
12. Officials will be expected to file with the NSAA an ejection report for any ejection of a player or coach from a contest online. Any unusual situation that occurs prior to, during, or after a contest should also be reported.
13. Prompt reporting to the NSAA office by the official is necessary. Officials are asked to submit their electronic report or call the NSAA office by the day following the ejection.
14. Officials are asked to be specific in listing the reason(s) for an ejection.
15. Affiliated officials (officials registered from contiguous states) will also be required to perform this reporting function.
16. There is no appeal process for ejections for unsportsmanlike conduct.
17. The Executive Director shall reserve the right to consider the length of suspensions when some levels of competition are scheduled on an irregular basis (e.g., three weeks between regularly scheduled non-varsity contests).